

October 15, 2013

I am Jeffrey L. Carson, a board-certified general internist licensed to practice in the State of New Jersey. I am Professor of Medicine, Chief of the Division of General Internal Medicine at Rutgers Robert Wood Johnson Medical School in New Brunswick, New Jersey. I have been Senator Barbara Buono's physician since 1992. The following is a summary of her medical records for the past 21 years.

Senator Buono has been in excellent health. Her medical history is significant for cholecystectomy for gallstones and a benign colonic polyp. She was in an automobile accident in February 2013 and did not suffer any significant injury.


She has never smoked cigarettes. Her diet is excellent. Senator Buono runs regularly and is physically fit. She has 4 children and two step-children. Her medications include only vitamins and aspirin.

Her family history is significant for the death of her father at age 51 from a heart attack. Her mother suffered a stroke at age 75 and died at age 88 from kidney cancer.

Senator Buono was last seen on February 28, 2013. Her blood pressure was 112/70, pulse 78 and weight 124.6 pounds. Her examination was completely normal.

Her last laboratory evaluation showed her Chem 14, CBC and Vitamin D to be normal. Her cholesterol was 268 mg/dl. (normal <200), triglycerides 65 mg/dL (normal <149), HDL cholesterol 113 mg/dL (normal >39) and LDL cholesterol 142 mg/dL (normal <100). Her elevated cholesterol was not treated because the good cholesterol (HDL) is very high and this is protective.

In summary, Senator Buono is in excellent health and has no significant medical problems. She is physically able to serve as Governor of the State of New Jersey.



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